

Pacific Pharmaceuticals Ltd.

Lahore, Pakistan

**LORTEM (Lormetazepam 1 mg)**



**Normalizes sleep - brightens the Day**

## LORTEM

- ✚ Has Quick response (with in 20 min) due to fast absorption.
- ✚ Provides fast, uninterrupted, refreshing sleep.
- ✚ Has least incidence of hangover due to Inactive metabolites.
- ✚ Improves day time performance by restoring normal sleep cycle of 6-8 hours.
- ✚ 30% economical.



### Prescribing Information

**Composition** 1 tablet contains 1.0 mg. lormetazepam. **Indications:** Difficulty in falling asleep in sleep disturbances **Dosage and Administration** Unless otherwise directed, adults take 1 tablet of **LORTEM** as a single dose, patients of advanced age take 1/2 tablet of **LORTEM** as a single dose. It is possible to double the dose in individual cases The tablets are taken with some liquid shortly before going to bed. After several weeks of dairy use, **LORTEM** should not be withdrawn suddenly, since sleep disturbances may then recur temporarily in a heightened form. It is therefore advisable to conclude the treatment by reducing the dose step by step. **Side Effects:** Headache, sleepiness, dopiness, dizziness and ataxia can occur on the day following the use of **LORTEM** in particularly sensitive persons and after ingestion of an excessive dose in rare cases, depressive moods, and very rarely, states of agitation (paradoxical reactions) are also possible. **Contraindications:** Mysthenia gravis, acute narrow-angle glaucoma. **Precautions:** As a precaution. **LORTEM** should not be used during pregnancy or lactation or in patients younger than eighteen years, **Interactions:** A reciprocal intensification of effects must be expected if **LORTEM** is taken together with centrally suppressing drugs and / or alcohol. **Special Warning:** Reactions (e.g. participation in road traffic, machine operation) can be impaired depending on the time of ingestion, the individual sensitivity and dosage. This applies to an increased extent in association with alcohol. Particular caution should be exercised in patients with severe chronic pulmonary insufficiency and especially in phases of acute deterioration. As in this case with other benzodiazepine containing hypnotics, the benefits of prolonged use have to be weighed against the risks of habitation and dependence. This holds in particular for patients with a history of drug and alcohol addiction. Furthermore, benzodiazepines should only be taken if they have been prescribed by a doctor, and instructions on dosage and length of treatment must be adhered to. When prolonged treatment has been given (exceeding 4 weeks) the necessity of

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continued treatment should be examined by slowly reducing and finally with-drawing treatment. For the time being, the possibility cannot be excluded that in individual patients in acute states of endogenous psychoses, especially severe depressive states, symptoms are aggravated under **LORTEM Presentation: LORTEM** tablets are presented in aluminum blisters packed in outer cardboard box as 10x10's.